

The mission of HealthSET is to nurture the healing ministry of the church by bringing it new life, energy and viability in the 21<sup>st</sup> century. Fidelity to the gospel urges us to emphasize human dignity and social justice as we move toward the creation of healthier communities.

Volunteers allow HealthSET the opportunity to continue providing high-quality services in a compassionate and healing manner to low-income senior clients entrusted to its care. You can be part of helping in a variety of ways, from providing direct care and education to clients, making friendly visits, taking a client to the doctor or hair appointment, or even taking them to a play or musical.

## HealthSET Programs

Free, monthly **Health Promotion Clinics** are held in sixteen senior high-rise buildings. Nurses, pharmacists, and intake volunteers provide wellness assessments, blood pressure, weight checks, counseling, health information, referrals and monitoring for building residents. There is a huge need for licensed nurses and pharmacists to serve as volunteer at these clinics once or twice a month.

The **Nurse Care Management Program** assists elderly and disabled residents in finding support, information, counseling and direct intervention to assure their problems are solved. The trained volunteer advocates act on their behalf or stand beside them as they confront difficult situations. Volunteer opportunities are available to serve as a mentor, advocate, or friendly visitor in many ways ranging from making phone calls on behalf of client to providing respite for clients, and caregivers.

**Support Services** Volunteers can help perform receptionist tasks, help with mailings, or assist with computer data entry, answering phones, or filing. There are also opportunities to serve on planning committees for fundraising events or assist at agency and fundraising events.

HealthSET attempts to match volunteers according to interests, location and time available.

Please contact HealthSET's Volunteer Coordinator at **(303) 595-6644** with any questions!